

Place of the seminar

Bátonyterenye is located in North of Hungary, about 100 kms from Budapest.

You can reach it by car, on M3 motorway, leaving it at km stone 55 to road 21, that leads to Bátonyterenye directly. In the village, we will place out signs, that will direct you to the camp.

GPS:

48°0'31.2'' ; 19°48'5.24''

This year too we can help you to organise the travel with transfer bus from the airport. Please inform us if you would like to choose this possibility.

Hajnalka Németh

hajnalka@kidojo.hu

0036 30 4333 260

**VII. International
Kiaikido Seminar**



16-21. July 2010.

Bátonyterenye

www.kiaikido.hu

心身統一合氣道

Dear Friends,

This year too, we are looking forward to meet you in the Hungarian International Ki-aikido seminar, that is organised for the 7th time held by Giuseppe Ruglioni Shihan.

This time it will take place in a special camp for martial arts, in Bátonyterenye.

This harmoniuos, silent location will allow us, to practice in a concentrated and deep way between familiar circumstances.

You can register and inform us of special requests (vegetarian meals, transfers etc.) till 30th of June.

With friendly greetings:

Ki Dojo Hungary

Program

16. July

13:00-17:00	Registration
18:00-20:30	Practicing
21:00	Dinner

17-19. July

7:00-8:00	Breathing, meditation
8:00-9:00	Breakfast
9:30-12:00	Practicing
12:30	Lunch
	Free time
16:30-17:30	Instructor class
17:30-19:30	Practicing
20:00	Dinner

20. July

7:00-8:00	Breathing, meditation
8:00-9:00	Breakfast
9:30-12:30	Practicing, exams
13:00	Lunch
16:30-19:30	Practicing, exams
20:00	Sayonara party

21. July

8:00-9:00	Breathing, meditation
9:00-10:00	Breakfast
10:00-12:00	Practicing
12:30	Lunch

Fees

Normal

Meals and accomodation	33 000 HUF
Seminar	60 €

Instructor

Meals and accomodation	33 000 HUF
Seminar	80 €

We ask everybody to bring the price of the meals and accomodation in Hungarian Forint. Thank you

